



## Basics of Health, Exercise, & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD)

### How to enroll:

First users can register by going to the course enrollment link:

<https://canvas.instructure.com/enroll/RFXKGX>



### Enroll in Basics of Health, Exercise & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD)

You are enrolling in Basics of Health, Exercise & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD).

Please enter your Email:

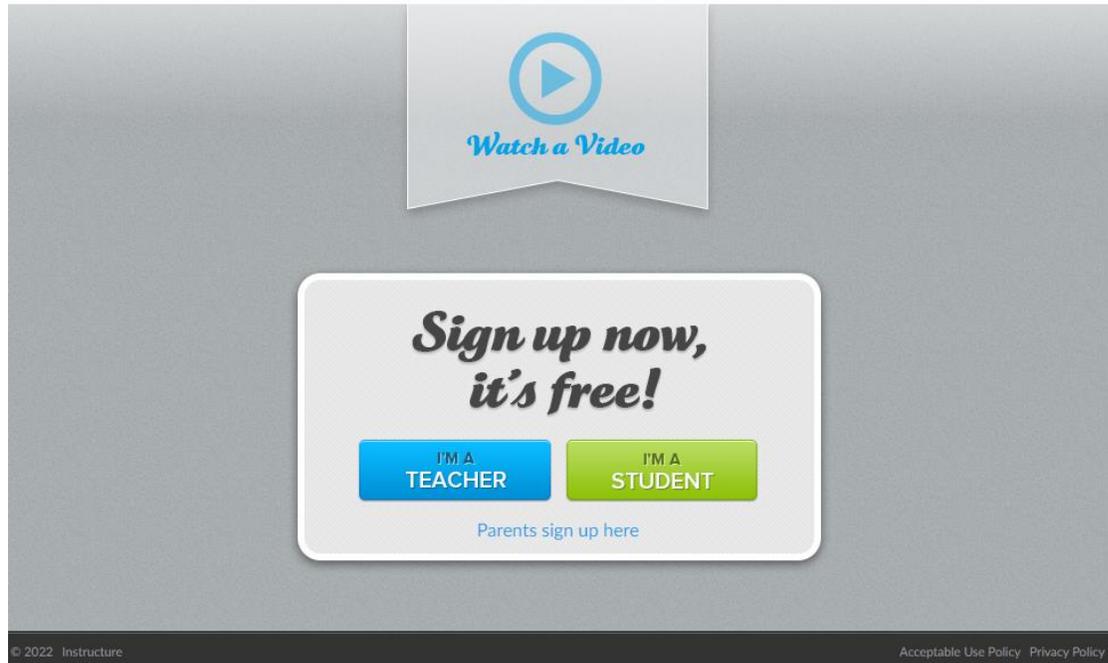
Email

- I am a new user
- I already have a Free For Teacher login

[View Privacy Policy](#) 

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Alternatively, they could go to <https://canvas.instructure.com/register>:



The banner features a central white rounded rectangle on a grey background. At the top center of the banner is a white ribbon-like shape containing a blue play button icon and the text "Watch a Video". Below this, the main sign-up area contains the text "Sign up now, it's free!" in a large, bold, black serif font. Underneath this text are two buttons: a blue button labeled "I'M A TEACHER" and a green button labeled "I'M A STUDENT". Below these buttons is a link that says "Parents sign up here". At the bottom of the banner, there is a dark grey footer with the text "© 2022 Instructure" on the left and "Acceptable Use Policy Privacy Policy" on the right.

[Watch a Video](#)

**Sign up now,  
it's free!**

[I'M A TEACHER](#) [I'M A STUDENT](#)

[Parents sign up here](#)

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After clicking "I'm a STUDENT" they could join with our code – **RFXKGX**:

## Student Signup



Join Code

Full Name

Username

Password

Confirm Password

Email

You agree to the [terms of use](#) and acknowledge the [privacy policy](#).

I'm not a robot



reCAPTCHA  
Privacy · Terms

Start Learning

Once registered, they will be brought initially to a splash screen with the chance to go to their courses or look through the tutorial:

Enroll in Basics of Health, Exercise & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD)

You are already enrolled in Basics of Health, Exercise & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD).

Go to your Dashboard    **Go to the Course**

**Hello, Dale Campbell - Student!** ×

Here's some quick tips to get you started in Canvas!

1. How do I find my courses?
2. How do I contact my instructor?
3. How do I download the Student App?



Student Tour

Once opening the course they'll be taken to the homepage (still a work in progress):

StocktonIDD

Home    **Basics of Health, Exercise & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD)**

Modules       

Grades       



To Do

Nothing for now

Recent Feedback

Nothing for now

Hello!

Welcome to Basics of Health, Exercise & Nutrition for Individuals with Intellectual & Developmental Disabilities (IDD).

If you have any questions or encounter any issues, please reach out to us:

**Email**

[HLTH.school@stockton.edu](mailto:HLTH.school@stockton.edu)

**Phone**

(609) 652-4501  
(609) 652-4858 FAX

From there, they can view and complete the modules or see their grades on the post-test assignments.